

PERSONAL TRAINING

Your fitness goals are personal and your training should be too. My priority is to create workouts and experiences that will help your body feel good and work well so that you achieve all your fitness pursuits and have a high quality of life every day.

208-866-1692 (cell) 208-370-3485 (office) fitness@boisetennis.com **60 Minute Sessions**

-\$60 (private)

-\$38 (2 people)

-\$24 (3 people)

30 Minute Sessions

-\$35 (private)

-\$22 (2 people)

-\$15 (3 people)

Guest Fees are \$10 more per session